

Half & Half

Nutrition Facts

Serving Size: 2 tbsp (30mL)

Amount Per Serving	% Daily Value
Calories: 32	Calories from fat: 40
Total Fat: 3g	5%
Saturated Fat: 2g	10%
Trans Fat: 0g	0%
Cholesterol Amount: 10mg	3%
Sodium: 20mg	1%
Total Carbohydrate: 1g	0%
Dietary Fiber: 0g	0%
Total Sugar: 1g	
NA	
Protein: 1g	
Vitamin A: 2%	
Vitamin C: 0%	
Calcium: 4%	
Iron D: 0%	
Vitamin D: 0%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Cream, milk, vitamin D3.